



SOROPTIMIST

Best for Women

June 2019 Issue

SOROPTIGRAM

Soroptimist International of Harrisburg PA - P O Box 61971 Harrisburg PA 17106

Soroptimist International of Harrisburg, PA Inc
Soroptimist International of the Americas, Inc.
North Atlantic Region
District IV

Chartered June 1, 1938
Making a difference for Women since 1921
The vision of SI is:
To be a Global Voice for women through
awareness, advocacy and action.

SOROPTIMIST
INTERNATIONAL
Of
HARRISBURG, PA, INC.

2018-19 OFFICERS & BOARD

President: MaryBeth Lehtimaki
Vice President:

Please Consider

Recording Secretary:
Billie Hawk

Corresponding Secretary:
Patti Krow

Treasurer: Alice Lubrecht

Directors:

Jackie Speaks 2018-20

Susan Wolfe 2018-20

Carol A. Colyer 2017-19

Delegates:

Karen Rabena 2018-20

Renee Jones 2017-19

MESSAGE FROM PRESIDENT MARYBETH

Summer is around the corner just a few days until it is official! The weather has cleared some and we have had a few days to enjoy what the rain has produced. I'm sure you are enjoying your garden as I am mine. Well... at least being able to work and get things in shape. We are still hard at work. The scholarship committee is evaluating our applications and will announce their decisions at the June dinner meeting.

Hopefully you have exciting plans for a summer vacation. It's a wonderful time for everyone to refresh and reboot. It's also a great time to try out new ideas of activities you would enjoy, new pursuits, and possibly a different place you'd like to live. Many of us are considering down-sizing. Whether you're traveling or staying at home, try something new - a movie, sport, museum, or activity like biking, boating etc. As you are traveling the area and experiencing new restaurants, consider how they may serve us as a meeting place. We may need suggestions starting in January.

Continued

**Invocation:
June 2019
Billie Hawk**

**June – Installation
of Officers and
Business Meeting**

DD4 Debbie

**DATE: June 25, 2019
TIME: 6:30 P.M.
PLACE: Best Western
Premier Hotel,
Harrisburg, PA**

**Members who plan to attend the
dinner meeting MUST notify Carol
Ann Colyer at CCAColyer@aol.com
or call 717-540-1278 by 6 PM
the Wednesday before meeting**

President's Message Continues

Summer has us thinking of picnics and outdoor activities. Billie has again offered us her home and garden for our picnic/summer social. I hope to see many of you there on August 10.

Even though you may be taking time to reboot, you may rest assured that many of your fellow members are working hard to put together next year's agenda and roster. I want to thank all those hard workers. Thank you for all you do to keep us afloat. Please take time to enjoy some free time as well.

Marybeth Lehtimaki

Every month on the 25th – Wear orange to say NO to violence against women! (Our meeting is on the 25th)



2018-19
BUDGET AND
DUES

The budget and dues were approved last month. Regular members are \$145 and Life members \$69. You should have received your invoice at the May meeting or in the mail. Dues are to be paid by June 30th.



SUMMER
SOCIAL AT
BILLIE'S

Billie has invited us to have our

Summer Social in her backyard on Saturday, **August 10**, starting at 4 PM. As in the past, the cost will be \$10 with everyone bringing a side dish or dessert. Bring your spouse or a friend. The money will be used to provide drink, paper products and burgers/hot dogs. It will be BYOB for wine and beer. Please come, enjoy the fellowship, play games and laugh!!

There will be a sign-up sheet at the June meeting, or you can call Billie at 717-545-6991.

GIANT, KARN'S & WEIS CARDS



Treat a senior citizen, a family member and or give a gift to a family or individual in need of assistance. Grocery cards can be purchased in the amount of \$10, \$20, \$25, \$50 and \$100. You can get Karns, Weis and Giant

Gift Cards by contacting Jacalyn Speaks at jcspeaks@aol.com to submit your orders.



**CALENDAR OF
UPCOMING
EVENTS:**

- June 25 SI Dinner Meeting
- July 18-20 SI International
Convention, Kuala Lumpur
- August 10 Summer Social at
Billie Hawk's 4-7 PM
- August 16-17 NAR SOAR, Hilton
Garden Inn, Valley
Forge
- September 10 SI Harrisburg Board
meeting
- Nov. 8-9 Fall District Meeting
Connellsville
- July 20-22, 2020 SIA 46th Biennial
Convention, Bellevue
- 2021 San Francisco Celebration
Of SI 100th Birthday

**2019-20 OFFICER
INSTALLATION**

District
Director
Debbie
Reichenbach
will be joining
us to install
officers.



- MaryBeth Lehtimaki – President
- Billie Hawk – Secretary
- Alice Lubrecht – Treasurer
- Patti Krow – Corresponding Secretary
- Jackie Speaks – Director 2018-2020
- Susan Wolfe – Director 2018-2020
- Carol A Colyer – Director 2019-2021
- Karen Rabena – Delegate 2018-2020
- Sally Straining – Delegate 2019-2021

The Vice President and Assistant
Treasurer positions remain open.
Please consider these opportunities
to serve.

Happy Birthday



- June & July - None
- August
- 1 – Alice Lubrecht
- 8 – Susan Wolfe

Roster Forms and Committee
Preferences
need to be
submitted to
President
MaryBeth or
the Treasurer
by June 30.
New Rosters
will be worked
on before the Summer Social.



Live Your Dream Awards:



The application portal will open for North American clubs on **August 1st,**

2019. Please share the date with your friends and colleagues to ensure eligible women have the opportunity to learn about the Live Your Dream Awards.

Community Service/

Programs will meet the end of August or early September to plan our fall and winter activities.



Do you have a local group you would like us to work with on a service project? Please let the

incoming Board members know by the Summer Social!

Volunteering ...

It's Good for You!

Did you know that research shows that individuals who spend significant time dedicated to volunteer activities experience improved mental and physical health outcomes such as lower mortality rates and higher life satisfaction! So yes ... volunteering is good for you! Check out [this resource](#) for more information about the benefits of joining Soroptimist.

Our Friendship Link:

SI Cannock and District recently swore in their new President for 2019-2020. Trish Smith has chosen as her motto for the year a quote from Winston Churchill: *WE MAKE A LIVING BY WHAT WE GET BUT A LIFE BY WHAT WE GIVE.*

Period Poverty will be one of SI Cannock and District's projects. In Great Britain, more than 137,700 girls have missed school in the last year because they couldn't afford sanitary products. A report of 500 girls aged 10 to 18, showed 7 per cent have been forced to skip school during their period. Of those girls, the average has missed five days of school during the last year. 25% of all schoolgirls have at some point been forced to use tissues or cotton wool, or double up on underwear, as they have not had the appropriate protection. 13 % of girls throw underwear away due to lack of supplies. 11 % of girls put their health at risk by using products such as tampons for far longer periods than recommended because they did not have a replacement. And nine in 10 girls know they're not alone – as they have been asked by a friend for a pad or tampon because she couldn't afford to buy her own.

North Atlantic Region is considering this as a focus for our region in the coming year as well. It's an issue in the US as well as the rest of the world.

**SOROPTIMIST INTERNATIONAL OF THE AMERICA'S
NORTH ATLANTIC REGION - SOAR- SUMMER LEADERSHIP**

Saturday August 17, 2019

Please join us for a day of Education and New Direction!



There is a limited block of rooms being held for "Soroptimist" Please be sure to make your reservations prior to July 17, 2019.

**Valley Forge/Oaks
500 Cresson Blvd.
Phoenixville, PA. 19460
+1 610 650 0880 Office**

And let our treasurer know so she can submit our reservation form!

SOROPTIGRAM DEADLINE:
Deadline for the September issue is Sept 12..

SOROPTIMIST PLEDGE

**I pledge allegiance to Soroptimist and to
the ideals for which it stands.**

The Sincerity of Friendship

The Joy of Achievement

The Dignity of Service

The Integrity of Profession

The Love of Country

**I will put forth my greatest effort to
promote, uphold and defend these ideals,**

**For the larger fellowship in home, in
society, in business, for Country and God.**

Editor: Alice Lubrecht

Associate Editor: Carol Ann Colyer

WHO ARE SOROPTIMISTS

Soroptimists are women of all ages, cultures, and ethnic groups. They are working moms and single women, small business owners and corporate executives, attorneys, teachers and physicians. Soroptimists are leaders across all professional disciplines that also serve as role models for younger women at the beginning of their careers. The common thread that connects all Soroptimists is the desire to make a difference for others through volunteer service.

Soroptimist International of the Americas (SIA) is part of Soroptimist International, the world's largest classified service organization for executive and professional women.

The Harrisburg Club's mission is to use our time, talents and resources to advance the status of women and children. To accomplish this mission, we establish and support specific projects to address the needs locally, regionally and internationally.